

Preadmission Instructions for Showering with Hibiclens

Taking an antiseptic preadmission shower before elective surgery can reduce the risk of surgical site infection. To make the process easier, your physician has requested you obtain 4% Hibiclens antiseptic soap solution for showering before visiting the hospital. The steps below outline the showering process and should be followed carefully.

4% Hibiclens antiseptic soap

Night before surgery

- Place a quarter to fifty cent piece size volume of Hibiclens solution onto a clean washcloth and apply the solution to all body surfaces, especially the groin, underarms, and genital areas. Caution: Do not allow the solution to come in contact with the eyes, ears, or mouth. If you accidentally get some of this material on those areas, rinse immediately.
- Add additional Hibiclens soap to your washcloth as needed to cover all body surfaces. **Note: If you experience any burning or irritation on the skin, rinse immediately and do not reapply.**
- Repeat this process a second time, waiting two minutes to thoroughly rinse the soap-like material off the skin surfaces.
- Do not apply any lotion or deodorant after the antiseptic shower.

Morning before hospital admission (repeat process as outlined above)

***Please do not shave on or near the area where you will be having surgery for at least two days prior to your scheduled surgery date**