



Sonogram Instructions: You will need to empty your bladder at _____.
Then drink at least **32 ounces of water or juice by your scheduled appointment time.**
DO NOT drink any beverages with caffeine including coffee, tea, or soda. It is acceptable to eat breakfast or lunch beforehand as a full stomach will not affect the sonogram picture. If you are unable to keep this appointment and do not give 24 hours notice cancellation, you may be **charged** for this visit. We ask that you arrive early for your appointment. If you are more than 15 minutes late, you will be rescheduled.

Your sonogram has been scheduled for _____ at _____.