



**SURGERY DATE:** \_\_\_\_\_ **SURGEON:** \_\_\_\_\_

### **WELCOME TO SUMMIT SURGICAL SURGERY INSTRUCTIONS**

- A nurse from Summit Surgical will contact you 1-2 days prior to your surgery to provide you with your surgery time and obtain additional information. If you have not been contacted by 2 p.m. the day prior to your surgery please call us at (620) 663-4800 or 1-866-220-2600.
- Please bring your insurance card and Driver's License with you the day of surgery.
- While you are in surgery, your relatives and friends may relax in the surgery waiting area. Please have a representative stay in the facility during the time you are in surgery. Your surgeon will visit with them following the procedure.
- You must have someone drive you home after surgery.
- Someone will need to stay with you for the first 24 hours following your surgery.

### **SURGERY INSTRUCTIONS:**

- **DO NOT** eat or drink anything (including gum, hard candy, tobacco products, ice, and water) after midnight the night before your surgery. If you do, your surgery may be postponed or cancelled.
- You may brush your teeth and rinse your mouth with mouthwash as long as you do not swallow the liquid.
- **DO NOT** wear jewelry or bring valuables with you.
- Notify your physician if you develop a fever, rash or cold prior to the day of surgery.
- Depending upon the type of surgery you are having, you may be allowed to wear cotton briefs/panties or other undergarments. The nurse can discuss appropriate undergarments with you at the time of your surgery call.
- **DO NOT** smoke or chew tobacco after midnight.
- Please see reverse side of this sheet for instructions on Hibiclens shower

### **MEDICATIONS:**

- Please bring all of your medications (including over the counter medications) with you the day of surgery in their original containers.
- Do not take Fish Oil, Phentermine, or Herbals for 10 days prior to your surgery.
- Do not take Aspirin for 7 days prior surgery.
- Ibuprofen for 10 days prior to surgery.
- Do not take Plavix for 10 days prior surgery.
- Do not take Ticlid for 14 days prior to surgery.
- Do not take Coumadin for 5 days prior to surgery.
- Do not use Echotiophate (Phospholine) Eye Drops for 14 days prior to surgery.
- Do not take Metformin for 24 hours prior to surgery.
- If you take medications regularly for heart disease or high blood pressure in the A.M. please take your daily dose the morning of surgery with a sip of water only. The pre-op nurse will tell you if it is okay to take any of your other routine medications.

**Visitors are always welcome at our facility  
Our front lobby is open from 6:30 a.m. until 7:00 p.m.  
An intercom and phone number are available at the front entrance after these hours  
for your convenience.**

## **Preadmission Instructions for Showering with Hibiclens**

*Taking an antiseptic preadmission shower before elective surgery can reduce the risk of surgical site infection. To make the process easier, your physician has requested you obtain 4% Hibiclens antiseptic soap solution for showering before visiting the hospital. The steps below outline the showering process and should be followed carefully.*

### **4% Hibiclens antiseptic soap**

#### **Night before surgery**

- Place a quarter to fifty cent piece size volume of Hibiclens solution onto a clean washcloth and apply the solution to all body surfaces, especially the groin, underarms, and genital areas. Caution: Do not allow the solution to come in contact with the eyes, ears, or mouth. If you accidentally get some of this material on those areas, rinse immediately.
- Add additional Hibiclens soap to your washcloth as needed to cover all body surfaces. **Note: If you experience any burning or irritation on the skin, rinse immediately and do not reapply.**
- Repeat this process a second time, waiting two minutes to thoroughly rinse the soap-like material off the skin surfaces.
- Do not apply any lotion or deodorant after the antiseptic shower.

*Morning before hospital admission (repeat process as outlined above)*

**\*Please do not shave on or near the area where you will be having surgery for at least two days prior to your scheduled surgery date**