

## **Preadmission Instructions for Showering with Hibiclens**

*Taking an antiseptic preadmission shower before elective surgery can reduce the risk of surgical site infection. To make the process easier, your physician has requested you obtain 4% Hibiclens antiseptic soap solution for showering before visiting the hospital. The steps below outline the showering process and should be followed carefully.*

### **4% Hibiclens antiseptic soap**

#### **Night before surgery**

- Place a quarter to fifty cent piece size volume of Hibiclens solution onto a clean washcloth and apply the solution to all body surfaces, especially the groin, underarms, and genital areas. Caution: Do not allow the solution to come in contact with the eyes, ears, or mouth. If you accidentally get some of this material on those areas, rinse immediately.
- Add additional Hibiclens soap to your washcloth as needed to cover all body surfaces. **Note: If you experience any burning or irritation on the skin, rinse immediately and do not reapply.**
- Repeat this process a second time, waiting two minutes to thoroughly rinse the soap-like material off the skin surfaces.
- Do not apply any lotion or deodorant after the antiseptic shower.

***Morning before hospital admission (repeat process as outlined above)***

***\*Please do not shave on or near the area where you will be having surgery for at least two days prior to your scheduled surgery date***